



Medical Measurements and Applications (MeMeA) Symposium

May 8-10, 2017

Tours and Entertainment Guide

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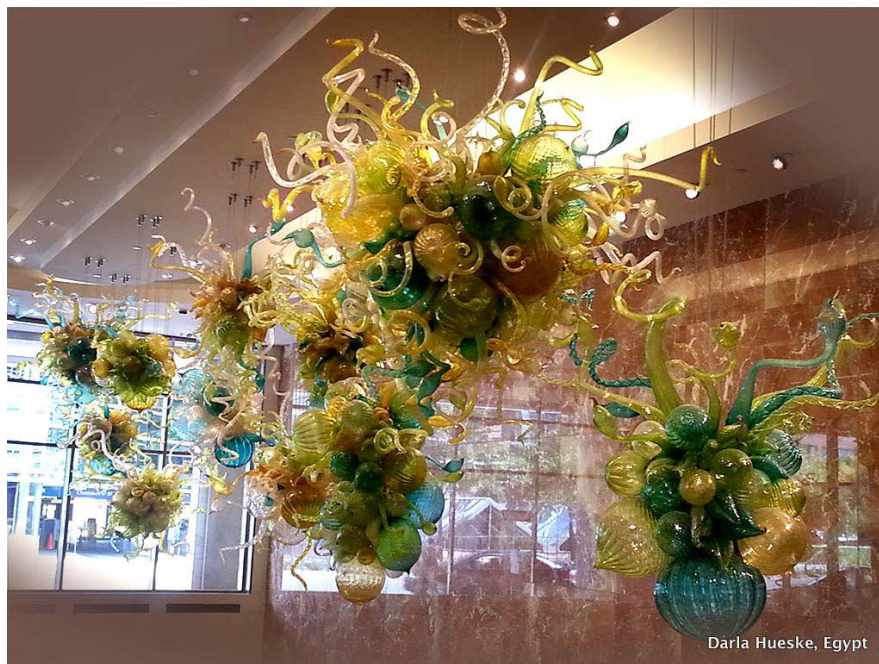
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MAYO CLINIC ART TOURS

GUIDED ART TOUR

Mayo Clinic has an extensive collection of art donated by Mayo benefactors. An art and architecture tour is offered Monday through Friday from 1:30 p.m. to 2:30 p.m. Tours begin in Judd Auditorium, Mayo Building, Subway Level.

Call 507-284-0239 for additional information.



SELF-GUIDED TOUR

A self-guided audio art tour is available to help guests enjoy the many examples of fine artwork displayed at the downtown campus. Audio hand-held devices and maps can be obtained at the Information Desk in the Gonda Building, Lobby Level, between 9 a.m. and 4 p.m.

Call 507-266-2066 for additional information.

MAYO CLINIC HISTORICAL AND HERITAGE EXHIBITS

SELF-GUIDED TOUR OF HERITAGE HALL

Heritage Hall, in the Mathews Grand Lobby of the Mayo Building, presents multimedia displays that link Mayo Clinic history with current activities and plans for the future. The museum has a small theater showing historical and contemporary films about Mayo Clinic throughout the day. Heritage Hall is open from 8 a.m. to 5 p.m., Monday through Friday.

Call 507-284-8540 for additional information.



SELF-GUIDED TOUR OF THE RESEARCH INFORMATION CENTER

Today's research is tomorrow's treatment and cure. This center will introduce you to the many types of research taking place at Mayo Clinic. Discover how Mayo scientists are finding new and better ways to predict, prevent, diagnose and treat a wide range of illnesses. View multimedia displays highlighting Mayo research at the Mayo Clinic Research Information Center, in the lobby of the Gonda Building. The center is open from 8 a.m. to 5 p.m., Monday through Friday.

Call 800-664-4542 for additional information.



SELF-GUIDED TOUR OF MAYO CLINIC HOSPITAL, SAINT MARYS CAMPUS

You can take a self-guided tour of Mayo Clinic Hospital, Saint Marys Campus, between 8 a.m. and 8:30 p.m. Tour brochures are available at the information desks at the hospital.



MAYO CLINIC HISTORICAL SUITES

The Mayo Clinic Historical Suite displays many photographs and artifacts, including the offices that Dr. William J. (Will) Mayo and Dr. Charles H. (Charlie) Mayo. The suite, on the third floor of the Plummer Building, is open Monday through Friday from 8 a.m. to 5 p.m.

Call 507-284-2585 for additional information.



PLUMMER LIBRARY: FLOORS 11 AND 12

Plummer Library is the largest of Mayo's private staff libraries with extensive mediated services, technology, and facilities available for onsite study and research. The Plummer Library acquires current resources, primarily electronic, which support the clinical, research, educational, and administrative needs of Mayo employees and students. Subject coverage includes the entirety of medicine and all subspecialties, research and methodological literature, nursing and allied health literature, and health administration and management literature. The traditional and electronic collections emphasize current, point-of-care needs and include over 4,000 electronic journals and hundreds of databases and electronic books. The Plummer Library is open to visiting health care professions Monday through Friday from 8 a.m. to 6 p.m. Please bring picture identification and register on Plummer 12.

Call 507-266-4910 for additional information.



W. BRUCE FYE HISTORY OF MEDICINE LIBRARY

The W. Bruce Fye History of Medicine Library is a specialized library housing important collections in the history of medicine and allied sciences. Several thousand volumes of rare medical classics (from 1479) and early journal literature (from 1665) comprise the core collection of primary literature on all aspects of medicine and allied fields. More recently published histories, biographies, facsimiles, and other support materials comprise the remainder of the collection of some 23,000 total volumes. Special strengths include anesthesiology, cardiology, dermatology, immunology, ophthalmology and neurology. The library also has a large collection of Mayo physician bound reprints. Tours are by appointment only.

Questions may be directed to Hilary Lane, History of Medicine Library at 507-284-3676.



HISTORY OF MIDWIFERY EXHIBIT

The Mayo Clinic History of Medicine Library is hosting an exhibit about the history of midwifery in Europe and the United States during the 17th, 18th and 19th centuries. The exhibit is open Monday through Friday from 9 a.m. to 1 p.m. in Plummer 15-07.

The art of midwifery may be one of the oldest of acquired skills. Scattered references to midwives exist in ancient literature; the first such reference in the Old Testament is in Genesis 35.

Most midwives guarded the secrets of their profession, so little practical information was handed down in writing. By the middle of the 17th century, the first development of practical delivery - by men only - began in France at the H^ôtel Dieu. And midwives now became the assistants of the accoucheurs, as the French practitioners called themselves.

More than any other factor, obstetrical forceps changed midwifery from an exclusively female occupation to a male profession. This instrument saved the lives of many mothers and infants.

CARILLON CONCERT

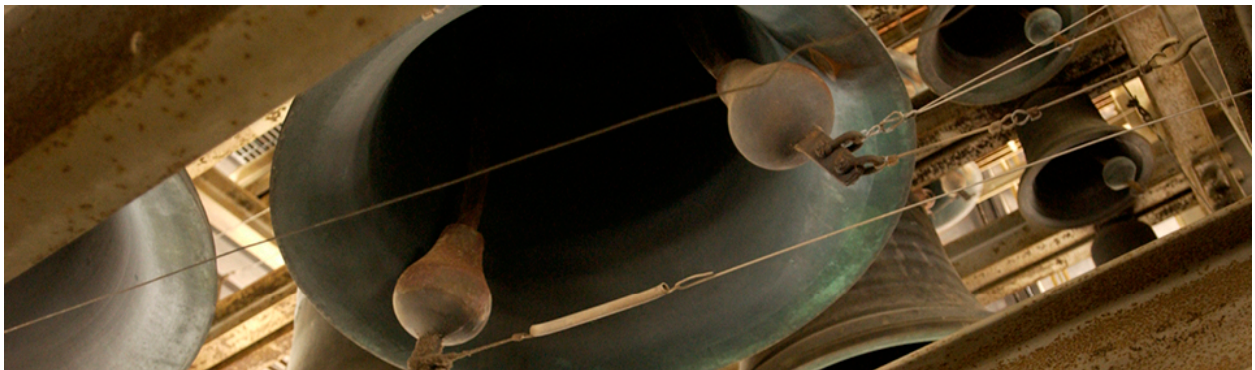
Mayo Clinic is the only medical center to have a carillon. At 56 bells, Mayo Clinic has one of the largest carillons in North America.

Inspired by a love of music and the desire to honor American soldiers following the First World War, the Mayo brothers and other community leaders explored various options for having a carillon in Rochester in the 1920s. While locations such as a city park or local church were considered, construction of the Plummer Building provided an ideal solution. The building's plans were altered to create a tower with carillon and clavier. Since then, the tower has defined the city skyline.

A variety of music is played during each carillon concert to reflect the diversity of Mayo Clinic patients, staff and visitors. The carillon is an example of how the performing arts support the healing mission of Mayo Clinic.

The Rochester Carillon concerts serenade Mayo Clinic patients and visitors every Monday evening at 7pm and at noon every Wednesday and Friday. The concerts last 30 minutes or more, and are best heard from the Annenberg Plaza or the Peace Plaza in downtown Rochester.

To view the carillon in the Plummer Building tower, please call ahead to arrange a personal or group tour at 507-284-8294.



HISTORIC MAYOWOOD MANSION TOUR

Dr. Charles H. (Charlie) Mayo and his wife, Edith, built Mayowood in 1911, extending the estate to more than 3,000 acres that included a man-made lake, greenhouses and several working farms. Their son, Dr. Charles W. (Chuck) Mayo and his wife, Alice, made many improvements to the home until their deaths in the late 1960s. Mayowood is filled with elegant furnishings from both generations' extensive travels.



2017 Mansion Public Tour Schedule

Admission: Adults \$17 Youth (12 -2) \$5

Cash, Visa, MasterCard or Discover

April 19 –October 16, 2017

Closed: May 11, July 9-14, August 10, August 20, September 30

Sunday Tours

12:00 pm, 1:00 pm, 2:00 pm

Wednesday and Thursday Tours

11:00am, 12:00pm, 1:00 pm, 2:00 pm, 3:00 pm

Saturday Tours

11:00 am, 12:00 noon, 1:00 pm, 2:00 pm, 3:00 pm

- Purchase tickets at the History Center of Olmsted County or Mayowood Mansion **at least 20 minutes before your tour.**
- You will spend about 50 minutes with an educated tour guide as they escort you through the home and paint you a picture of life in the mansion for the Mayo family.
- Rochester Trolley has added these stops to their tour route.

Directions to the mansion:

After turning on Salem Road, travel past Autumn Ridge Church and take a quick left turn onto Mayowood Road. There will be a slight fork and you will stay left before coming upon the Mansion gate and driveway on your right hand side.

ROCHESTER TROLLEY

Join us on our vintage red trolleys for a narrated city tour featuring Rochester's top sites and attractions, including our Mayo historical sites! Explore the early years of the world-famous Mayo Clinic, while experiencing the homes and lives of pioneering doctors on this relaxing, entertaining tour!

TROLLEY TOUR ROUTE & HIGHLIGHTS

Downtown Rochester	History Center of Olmsted County	Mayo Foundation House
Peace Plaza	Historic Mayowood Mansion	Soldiers Field Veterans Memorial
Mayo Civic Center	Mayowood Stone Barn	Soldiers Field Park
Rochester Art Center	Apache Mall, Scheels & Barnes & Noble	People's Food Co-op
Downtown Farmers Market	Plummer House of the Arts	Calvary Episcopal Church
Silver Lake Park	"Pill Hill" National Residential Historic District	Feith Family Statuary
Assisi Heights		Mayo Clinic Campus
Saint Marys Hospital Campus & Chapel		Methodist Hospital
		Kahler Grand Hotel

Green = Hop On & Hop Off SITES

Red = NO HOP OFF

TICKET INFORMATION

- Tickets can be purchased at the Trolley, Online, by Phone, or at our Ticket & Boarding Stations!
- Your Ticket is Good All Day!
- Hop-off and Hop-on at Select Sites!

PRICES

\$18 – Single Day Ticket
\$12 – Ages 1 to 11



HOP ON
HOP OFF

TICKET/BOARDING STATIONS & TOUR SCHEDULE

Green = Board trolley at these times to hop off at Mayowood Mansion, open on Weds & Thurs, Sat & Sun

DOWNTOWN ROCHESTER

Tickets: Tangerine Gifts, 110 1st Ave. SW

Boarding: Downtown Marriott Hotel, 101 1st Ave SW,
across from Tangerine Gifts

Parking: Free parking on weekends & after 5:00pm

Departure Times:

Tues, Weds, Thurs: 10:00am, 11:30am, 1:00pm, 2:30pm
(plus 4:00pm in June, July & August)

Fri & Sat: 10:00am, 11:30am, 1:00pm, 2:30pm

Sun: 11:00am, 12:30am, 2:00pm

NEW TOUR - Sun: 4:00pm, **Iconic Rochester** – 2 hour tour/\$22

SAINT MARYS HOSPITAL DISTRICT

Tickets: Aspen Select Hotel Lobby, 1215 2nd St. SW

Boarding: Aspen Suites, 1211 2nd St. SW, by trolley sign on sidewalk

Departure Times:

Tues, Weds, Thurs: 10:25am, 11:55am, 1:25pm, 2:55pm

Fri & Sat: 10:25am, 11:55am, 1:25pm

Sun: 11:25am, 12:55am

NEW TOUR - Sun: 4:15pm, **Iconic Rochester**– 2 hour tour/\$22

HISTORY CENTER OF OLMSTED COUNTY

Tickets: History Center of Olmsted County, Main Desk

Boarding: History Center of Olmsted County, 1195 West Circle Dr.
SW, by trolley sign in front of Main Entrance

Parking: Free parking daily

Departure Times:

Tues, Weds, Thurs: 10:35am, 12:05pm, 1:35pm, 3:05pm

Fri & Sat: 10:35am, 12:05pm, 1:35pm

Sun: 11:35am, 1:05pm

NEW TOUR - Sun: 4:30pm, **Iconic Rochester** – 2 hour tour/\$22

CENTERSTONE PLAZA HOTEL SOLDIERS FIELD

Tickets: Centerstone Plaza Hotel, Main Desk

Boarding: Centerstone Plaza Hotel Soldiers Field,
401 6th St. SW, by trolley sign in front of hotel

Parking: Free parking in south lot across street from hotel

Departure Times:

Tues, Weds, Thurs: 11:15am, 12:45pm, 2:15pm
(plus 3:45pm in June, July & August)

Fri & Sat: 11:15am, 12:45pm, 2:15pm

Sun: 12:15am, 1:45pm



Rochester Trolley & Tour Co
RochesterMNTours.com
(507) 421-0573

ROCHESTER AND SURROUNDING AREA ATTRACTIONS

MALL OF AMERICA

With an estimated 42 million visitors per year, The Mall of America (MOA) in Bloomington, Minnesota is a shopping and entertainment Mecca. Round trip ticket for a ride from Rochester MN to the Mall of America is \$45. There are five daily trips to the MOA from Rochester hotels, with 8 return trips. Contact Go Rochester Direct at 800-280-9270 for pickup arrangements and tickets.



Daily MoA Shuttle Schedule

Rochester to Mall of America		Mall of America to Rochester	
Departing <u>Rochester</u>	Arriving <u>MoA</u>	Departing <u>MoA</u>	Arriving <u>Rochester</u>
8:45 AM	10:45 AM	4:05 PM	6:10 PM
9:30 AM	11:30 AM	5:05 PM	7:10 PM
10:00 AM	12:00 PM	5:50 PM	7:55 PM
10:40 AM	12:40 PM	6:20 PM	8:25 PM
11:15 AM	1:15 PM	7:20 PM	9:25 PM
		8:20 PM	10:25 PM
		8:50 PM	10:55 PM

Mall stores open on Sundays 11am-7 pm, other days from 10 am - 9:30 pm

Hotel shuttles, buses and taxis drop off and pick up passengers at the Transit Center. This is at the North Entrance in between Sears and Nordstroms.

Please be ready for pickup 15 minutes early.

NATIONAL EAGLE CENTER: WABASHA, MN

The National Eagle Center is a world-class interpretive center located on the banks of the Mississippi River in Wabasha, MN. They are home to non-releasable bald and golden eagles. During a visit to the National Eagle Center, you can experience these magnificent creatures up close.

The Upper Mississippi River Valley is home to hundreds of bald eagles. Many choose to build their nests in the tall trees along the river valley. Hundreds more bald eagles arrive here in the winter months, as the Mississippi River remains open around Wabasha year round.

This unique area is home to both North American eagle species, the bald eagle and the golden eagle. Golden eagles can be seen here in winter months, though rarely close to the river. We continue to learn more about golden eagles in this region through our Golden Eagle Project.

The National Eagle Center is located at Wabasha, Minnesota, and is a one hour drive from Rochester.

Call 651-565-4989 for additional information.



Admission – Open Year Round!

Summer Hours (*Mar 1st – Nov 1st*)
Open Daily 10am-5pm

Adults (18 – 61): \$8

Seniors (62+): \$7

Veterans: \$7

Youth (4 – 17): \$6

Children (3 & Under): FREE

NEC MEMBERS: FREE



50 Pembroke Ave
Wabasha, MN 55981

(651) 565-4989

(877) 332-4537

MINNESOTA MARINE ART MUSEUM: WINONA, MN

The Minnesota Marine Art Museum, located in Winona, Minnesota, is home to major works by Picasso, Van Gogh, Monet, Gauguin, Cézanne, Turner, Constable, Leutze), O'Keeffe, Cassatt, Homer, Cole, Wyeth, and many more.

The Minnesota Marine Art Museum is located at Winona, Minnesota, and is a one hour drive from Rochester.

Call 507-474-6626 for additional information.



Location

Minnesota Marine Art Museum
800 Riverview Drive
Winona, MN 55987
1-507-474-6626
1-866-940-6626 (toll free)

Hours

Tuesday - Sunday, 10am - 5pm

Closed Mondays and select holidays (Includes: New Year's Day, Independence Day, Thanksgiving, Christmas Eve and Christmas Day)

Admission

MMAM Members: FREE
Children Age 4 and Under: Free
Students: \$3 (Free Tuesdays*)
Adults & Seniors: \$7
Immediate Family Household Rate: \$20

FOUR DAUGHTERS VINEYARD & WINERY: SPRING VALLEY, MN

Four Daughters Vineyard & Winery is a fully operational winery, cidery, restaurant and event center. Our sprawling estate includes a tasting room and large production areas, as well as a 6 acre vineyard on the property. Nestled in rural Southeastern Minnesota, the winery is now the exclusive home of Four Daughters wines, Sunflake wines and Loon Juice hard cider.

Four Daughters wine has been served at the 2015 Universal Music Group's Country Music Awards after-party and various events during the 2015 SXSW film festival, but their crowning achievement came when the Sundance Institute asked Four Daughters to be the Official Provider for the 2016 Sundance Film Festival.



 **HOURS** 
Call for Reservations if Party is 6 or Larger

Monday to Thursday

11 a.m. to 7 p.m.

Friday to Saturday

11 a.m. to 9 p.m.

Sunday

11 a.m. to 5 p.m.

Reservations: (507) 346-7300

78757 State Highway 16 Spring Valley, MN 55975
(507) 346-7300

AMISH TOUR OF HARMONY

As we travel through this beautiful rolling countryside, Amish farmers may be seen working in the fields with horses and horse-drawn equipment and their buggies may be seen tied to hitching posts in town. You will be fascinated by the Amish way of dress and by the children swinging their lunch baskets as they stroll home from school.

The Amish around Harmony are “Old Order” Amish which means they are very private and have strong Christian convictions that bind their community together, enabling them to resist the ways of modern society. They began to move into the Harmony area in 1974 and have grown to about 150 families.

The Harmony Amish do not have electricity, telephones, or indoor plumbing except cold water in the kitchen. Their local transportation is horse and buggy; although, they will ride in cars, trains, and buses. The Amish do not attend public schools and graduate after eighth grade from one room schools. On this tour, you will see a unique culture that has changed little for over 400 years.

Call 507-886-2303 for additional information.



- **Ride in one of our comfortable vans** while our experienced tour guide talks about the Amish culture and heritage, and the history of the Amish in the area. Stops will be made at Amish farms and shops where you can see first hand how the Amish live as well as visit with them and purchase their handmade goods, crafts, and farm grown crops.
- Adults - \$25.00
- Teens - \$20.00
- Kids (4 - 12) - \$8.00